Volume 4 Jan. 2018

www.nadaswimclub.org.uk



N.S.C. Newsletter



Dates for your Diary

January 2018

2nd Training sessions resume.

6th Shrewsbury Masters Gala

 $11^{th} \frac{1}{2}$ price club membership offer finishes.

13/14/20/21st County Champs Entries closed.

31st Last day to renew membership.

<u>February</u>

10th (Sat) Club Presentation Evening at Lilleshall Sports Centre. Details to follow

22nd Cake stall from 5.45pm Cake donations gratefully

<u>March</u>

17th (Sat) Crusader league meet, at Whitchurch 4.30pm.

22nd Cake stall from 5.45pm Cake donations gratefully

<u>April</u>

14th Diddy League meet

19th Cake stall from 5.45pm Cake donations gratefully

28th Crusaders League Meet

Masters Swimming News

Good Luck to Angela and Abi who are taking part in the Shrewsbury Masters on the 6th January. We also hope to contribute to the team performance at the Crusaders League next year.



Kit for sale

Club Clothing, swimwear, hats are available at most sessions.

With regret we are having to put up the prices of our club swimming costumes and jammers.

Costumes £22.00

Jammers £20.00

Please speak to Liz or Louise M.

Also new and used fins for sale.

Coaches' tips ~ Please make sure when training that you practise the correct turns at each turn. REMEMBER practise makes perfect.

ALWAYS LISTEN TO THE COACH!

CLUB NEWS

Happy New Year to all and welcome to our new swimmers, hope your enjoy your time with the club.

Gala News

Well done to all the swimmers who raced at the Shrewsbury Open meet. Newport swimmers came away with 30 PB's and 22 County qualifying times.

Advance notice of the upcoming development camps for county swimmers for swimmers who will be 11 by the 31st December 2018. There will be a parents meeting on the 2nd Saturday of the counties at lunchtime. Places on the camp are limited and swimmers will be selected on their performance at the counties.

Membership Renewal ~ Renewals with payments are being taken from the 1st December. ½ Price Club fees are available to those whose renewals are competed by the 11th January. All renewals need to be completed by the 31st January; failure to do this means membership will lapse. Thanks Louise.

Please remember to look at our website or club notice board for the latest information.



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NEWPORT SWIMMING CLUB

CELEBRATION EVENING (Inc. Club Championships awards)

Come and help us celebrate the success of our swimmers in 2017.

Saturday 10th Feb 2018 6:30pm for 7.00pm start

"FORD HALL"

LILLESHALL NATIONAL SPORTS CENTRE (TF10 9LQ)

Price £15.00 per adult £7.50 siblings Under 5's free All swimmers free

Prices include hot/cold buffet, raffle and disco See club board for details and sign-up sheet. Please could we have the following trophies returned ready for this year's presentation evening:

Club Captains

All shields and cups

All on the blocks swimmers trophies.

Any queries please speak to Emma or Louise M.

Volunteers Wanted

Advance notice that there will be a timekeeper's course running early in the New Year and there are places available.

If you want to get involved or want more information please speak to one of the coaches.

WANTED

RAFFLE PRIZES

Donations of raffle prizes for the celebration evening would be much appreciated. Please bring on the evening or down to the pool (from 1^{st Feb}).

Thanks in advance.

County Championships 2018

Good luck to all swimmers who are taking part in the county champions on the 13/14th and 20/21th January.

Newport SC are taking their biggest team to date.

Thanks in advance to all volunteers from the club who are helping our the two weekends.